



IEEE Singapore Section Newsletter

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1. IEEE R10 meeting in Kota Kinabalu

IEEE Region 10 annual meeting was held in Kota Kinabalu, Malaysia on 24th and 25th of March 2007. The meeting was attended by delegates from IEEE Sections in Asia- Pacific region. This meeting is of particular interest to the Singapore section as it was awarded the best large section award. The award was received by the section chairman, Dr Lalit Goel. Another achievement of the Singapore section is that one of the best volunteer awards was awarded to Dr Tseng King Jet. Dr Goel received that award on behalf of Dr Tseng.



Dr Goel receiving the best large section award from Dr Janina Mazierska, R10 director.



Dr Goel delivering a brief speech after receiving the award

2. WIE held talk on Stress Management for Career Women

The IEEE SG Women in Engineering (WIE) Affinity Group organized a talk especially for the career women in mind, titled "Dealing with Stress as a career woman".

Two speakers presented and shared with the audience. Dr Marlene Lee, a registered psychologist and a lecturer at the Department of Psychology, James Cook University Singapore, presented a concise explanation of stress and what could be done to manage it. The second speaker, Ms Shen Sheng Mei, R&D Manager at Panasonic Singapore Laboratories, shared her personal experience on how she managed both career and family successfully. The audience learnt that stress could be managed through adopting necessary changes in mindset and also life styles.

Before the speakers took to the floor, the audience was given a brief introduction to WIE and the local WIE AG. Chairing the talk for the day was Ms Safura Anwar, vice chair of the local WIE AG. About 30 persons attended the talk which was held in the evening of Friday 17 Nov 2007 at the Institute of Infocomm Research (I2R).

The local WIE AG hopes to continue to organize events that will be useful not just for the engineering woman professionals, but also for those who hope to support and understand better this group of people at the workplace. The local WIE AG hopes that more IEEE members will

also come forward to offer ideas, support and participate in WIE-held events here in Singapore.



Dr Marlene Lee speaking during the seminar

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